

# IRELAND CHRISTMAS ALLERGEN GUIDE 2018

*Offer available during 14 November – 24 December*

## OUR ALLERGEN GUIDE

### ALLERGEN GUIDE

J D Wetherspoon attempts to provide as-complete-as-possible allergen information about its food and drinks products. Some dishes and drinks may not be available in all pubs. We require customers with specific food and/or drinks allergen needs to use this guide to assist them with choosing items in Wetherspoon pubs.

Further nutritional information and dietary menus can be found in our 'your choice' menus, in pubs and on our website.

Our staff cannot offer specific advice or recommendations beyond our published allergen communications. For further information, please contact our customer service team: 01923 477777 | [jdwetherspoon.com](http://jdwetherspoon.com)

### EXCLUSIONS

This booklet highlights the 14 major allergens only. Our kitchens do not handle any products which contain lupin or peanuts; however, we do sell prepackaged peanuts from our bar.

### PACKAGED PRODUCTS

Packaged products will not be covered in this allergen guide; however, you will be able to find allergen information on the packaging. Any drinks products not outlined in this guide may require customers to check packaging information of each product. Please ask a staff member to show you product packaging.

### HOW TO USE OUR GUIDE

Our menu items are listed in rows on the left-hand side of each allergen table. If a menu item contains an allergen in its ingredients, a 'Y' is displayed on the menu row in the corresponding allergen column. The 'Y' indicates 'Yes' – that allergen is contained in the menu item. Many of our menu items can be ordered with a choice of sides. Where menu items offer differing side options, please check relevant allergen information for your choice of side dish, for example – chips, jacket potato or side salad.

Our menus may vary from pub to pub, so please look for the regional differences section for allergen information about specific dishes in that area. Test products will feature at the back of this guide.

## CROSS-CONTAMINATION STATEMENT

Please read this guide carefully before purchasing.

We have assessed the allergens in the food and drinks we serve. Because of the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from the allergens stated in this guide. Product specifications may change periodically – in the case of an allergen change, an allergen alert notice will be placed in the back of this folder or on the bar, at the time of the alert.

This information is regularly updated to reflect the current content of our dishes – even if you have dined with us before, ingredients and specifications can change. Information in this folder is correct at the time of print, unless a specific product allergen alert is issued.

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## FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
<b>Small plates</b>														
Soup – Tomato & basil soup – Bread and Lurpak spreadable	Barley, Wheat						Y		Y					
Soup – Broccoli & Cashel Blue® cheese soup – Bread and Lurpak spreadable	Barley, Wheat						Y		Y					
Soup – Potato & leek soup – Bread and Lurpak spreadable	Barley, Wheat						Y							
Soup – Vegetable Broth – Bread and Lurpak spreadable	Barley, Wheat						Y		Y					
Pigs-in-blankets – Seven pork chipolata sausages wrapped in streaky bacon, cranberry sauce.	Wheat											Y		
<b>Deli deals</b>														
The freshly made items below are served with chips or a salad or a bowl of soup or O'Donnells crisps, please check allergens for relevant sides below. For crisps allergen information see packaging.														
Brie & cranberry panini	Barley, Wheat						Y							
Add: Maple-cured bacon														
<b>Side options (For crisps allergen information see packaging)</b>														
Side salad option										Y				
Chips option	Wheat													

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<b>Festive main meals</b>														
Stuffed turkey breast and winter vegetables – Turkey breast slice filled with sage & onion stuffing, served with roasted Chantenay carrots and parsnips, Maris Piper mash, pigs-in-blankets, peas, cranberry sauce, gravy.	Wheat		Y				Y					Y		
Brie & bacon burger – 6oz beef patty, Brie, maple-cured bacon, cranberry sauce, topped with two pigs-in-blankets and served with chips.	Wheat		Y				Y					Y		
Chicken & stuffing burger – Grilled chicken breast, maple-cured bacon, a pork, apricot & cranberry stuffing, cranberry sauce, topped with two pigs-in-blankets and served with chips.	Wheat		Y				Y					Y		
Buttermilk chicken & stuffing burger – Buttermilk chicken breast, maple-cured bacon, a pork, apricot & cranberry stuffing, cranberry sauce, topped with two pigs-in-blankets and served with chips.	Wheat		Y				Y					Y		
Brie & cranberry vegetable burger – Vegetable burger, topped with Brie, cranberry sauce. Served with chips, six onion rings.	Barley, Wheat		Y				Y							
Creamy mushroom risotto – Roasted chestnut, oyster, shiitake, porcini mushrooms, with a dash of Prosecco, rocket.							Y							
Top with: Pulled chicken														
Pig-in-blanket, Brie & cranberry pizza – Pigs-in-blankets, sliced Brie, cranberry sauce, rocket.	Wheat						Y					Y		
Brie & cranberry pizza – Sliced Brie, cranberry sauce, rocket.	Wheat						Y							
<b>Children's Festive Meal</b>														
Pigs-in-blankets and mash – Served with baked beans	Wheat						Y					Y		
Pigs-in-blankets and mash – Served with peas	Wheat						Y					Y		

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<b>Festive desserts</b>														
Baileys® chocolate bread & butter pudding – Buttery panettone sweet bread, layered with milk chocolate and baked in a Baileys® custard, then hand finished with dark chocolate stars. Served with ice cream.	Wheat		Y			Y	Y							
Baileys® chocolate bread & butter pudding – Buttery panettone sweet bread, layered with milk chocolate and baked in a Baileys® custard, then hand finished with dark chocolate stars. Served with custard.	Wheat		Y			Y	Y							
Melty mallow stack – A Lotus Biscoff biscuit base and biscuit spread, with chocolate brownie, topped with a layer of fluffy mallow.	Wheat		Y			Y	Y					Y		
<b>Festive treats</b>														
Cranberry & white chocolate muffin	Wheat		Y			Y	Y							
Mince Tart	Wheat		Y				Y					Y		

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## DRINK ALLERGENS

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Adnams – Shingle Shells	Barley, Wheat													
Mordue – Winter Tyne	Barley, Wheat, Rye													
B & T – Santa’s Slayer	Barley, Wheat													
Butcombe – Chris Moose	Barley, Wheat													
Milestone – Comet	Barley, Wheat													
Coach House – Christmas Stocking	Barley													
Sadler’s – Peaky Blinder Pale	Barley, Wheat													
Wychwood – Bah Humbug	Barley													
Burton Bridge – Santi-Freeze	Barley													
Greene King – Fireside	Barley													
Maxim – Santastic	Barley, Wheat													
Wickwar – A Christmas Tall Tale	Barley, Wheat, Rye													
Atlas – Blizzard	Barley, Wheat													
Limestone – Stone Cold	Barley, Wheat													
JW Lees – Plum Pudding	Barley													
Long Man – Inn Keeper	Barley, Wheat													
Saltaire – Cascade	Barley, Wheat													
Arundel – Winter Knights	Barley, Wheat													
Titanic – Plum Porter	Barley, Wheat													

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Exmoor – Exmas	Barley													
Nethergate – Old Growler	Barley													
Wadworth – Bishop’s Tipple	Barley													
WH Buckley – Grand Cru	Barley, Wheat													
Hook Norton – Twelve Days	Barley													
Woods – Christmas Cracker	Barley, Wheat													

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