

J D Wetherspoon
ALLERGEN GUIDE

J D Wetherspoon
**ALLERGEN
GUIDE**

**UK PUBS
AUTUMN 2018 MENU**

(Excludes pubs in airports, Northern Ireland and the Republic of Ireland)

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

Valid from 1 November 2018

Also available at jdwetherspoon.com

**PLEASE RETURN THIS GUIDE
TO A STAFF MEMBER**

OUR ALLERGEN GUIDE

ALLERGEN GUIDE

J D Wetherspoon attempts to provide as-complete-as-possible allergen information about its food and drinks products. Some dishes and drinks may not be available in all pubs. We require customers with specific food and/or drinks allergen needs to use this guide to assist them with choosing items in Wetherspoon pubs.

Further nutritional information and dietary menus can be found in our 'your choice' menus, in pubs and on our website. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. For further information, please contact our customer service team: 01923 477777 | jdwetherspoon.com

EXCLUSIONS

This booklet highlights the 14 major allergens only. Our kitchens do not handle any products which contain lupin or peanuts; however, we do sell prepackaged peanuts from our bar.

PACKAGED PRODUCTS

Packaged products will not be covered in this allergen guide; however, you will be able to find allergen information on the packaging. Any drinks products not outlined in this guide may require customers to check packaging information of each product. Please ask a staff member to show you product packaging.

HOW TO USE OUR GUIDE

Our menu items are listed in rows on the left-hand side of each allergen table. If a menu item contains an allergen in its ingredients, a 'Y' is displayed on the menu row in the corresponding allergen column. The 'Y' indicates 'Yes' – that allergen is contained in the menu item. Many of our menu items can be ordered with a choice of sides. Where menu items offer differing side options, please check relevant allergen information for your choice of side dish, for example – chips, jacket potato or side salad.

Our menus may vary from pub to pub, so please look for the regional differences section for allergen information about specific dishes in that area.

CROSS-CONTAMINATION STATEMENT

Please read this guide carefully before purchasing.

We have assessed the allergens in the food and drinks we serve. Because of the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from the allergens stated in this guide. Product specifications may change periodically – in the case of an allergen change, an allergen alert notice will be placed in the back of this folder or on the bar, at the time of the alert.

This information is regularly updated to reflect the current content of our dishes – even if you have dined with us before, ingredients and specifications can change. Information in this folder is correct at the time of print, unless a specific product allergen alert is issued.

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BREAKFAST

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BREAKFAST

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Large breakfast – Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	Barley, Wheat		Y				Y					Y		
Traditional breakfast – Fried egg, bacon, sausage, baked beans, two hash browns, tomato, slice of toast	Barley, Wheat		Y				Y					Y		
Small breakfast – Fried egg, bacon, sausage, baked beans, hash brown	Wheat		Y									Y		
Large vegetarian breakfast – Two fried eggs, three Quorn vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	Barley, Wheat		Y				Y							
Vegetarian breakfast – Two fried eggs, two Quorn vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	Barley, Wheat		Y				Y							
Small vegetarian breakfast – Fried egg, Quorn vegan sausage, baked beans, hash brown, tomato	Wheat		Y											
Vegan breakfast – Two Quorn vegan sausages, two hash browns, mushroom, tomato, slice of toast	Barley, Wheat													
Gluten-free breakfast – Two fried eggs, bacon, baked beans, mushroom, tomato			Y											
Large Scottish breakfast – Two fried eggs, bacon, two sausages, two black puddings, baked beans, potato scone, tomato, two slices of toast	Barley, Oats, Wheat		Y				Y					Y		
Traditional Scottish breakfast – Fried egg, bacon, sausage, black pudding, baked beans, potato scone, tomato, slice of toast	Barley, Oats, Wheat		Y				Y					Y		
Small Scottish breakfast – Fried egg, bacon, sausage, baked beans, potato scone	Wheat		Y									Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BREAKFAST

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
American breakfast – Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup	Wheat		Y			Y	Y					Y		
American-style pancakes – Four pancakes, maple-flavour syrup	Wheat		Y			Y	Y							
American-style pancakes – Four pancakes, maple-flavour syrup, maple-cured bacon	Wheat		Y			Y	Y							
Eggs Balmoral – Two poached eggs, on an English muffin, with haggis, Hollandaise sauce, rocket	Oats, Rye, Wheat		Y				Y		Y					
Small eggs Balmoral – One poached egg, on an English muffin, with haggis, Hollandaise sauce, rocket	Oats, Rye, Wheat		Y				Y		Y					
Eggs Benedict – Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	Rye, Wheat		Y				Y		Y					
Small eggs Benedict – One poached egg, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	Rye, Wheat		Y				Y		Y					
Mushroom Benedict – Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	Rye, Wheat		Y				Y		Y					
Small mushroom Benedict – One poached egg, on an English muffin, with mushroom, Hollandaise sauce, rocket	Rye, Wheat		Y				Y		Y					
Eggs royale – Two poached eggs, on an English muffin, with smoked salmon, Hollandaise sauce, rocket	Rye, Wheat		Y	Y			Y		Y					
Small eggs royale – One poached egg, on an English muffin, with smoked salmon, Hollandaise sauce, rocket	Rye, Wheat		Y	Y			Y		Y					

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BREAKFAST

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Miner's Benedict – Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	Oats, Rye, Wheat		Y				Y		Y					
Small miner's Benedict	Oats, Rye, Wheat		Y				Y		Y					
Smashed avocado English muffin – Avocado, pico de gallo	Rye, Wheat													
Add: Maple-cured bacon														
Add: Poached egg			Y											
Add: Halloumi							Y							
Add: Black pudding	Oats, Wheat													
Scrambled egg on buttered toast – Three eggs	Barley, Wheat		Y				Y							
Scrambled egg on buttered wholewheat toast – Three eggs	Barley, Wheat		Y				Y							
Beans on buttered toast	Barley, Wheat						Y							
Beans on buttered wholewheat toast	Barley, Wheat						Y							
Breakfast wrap – Fried egg, bacon, sausage, hash brown, cheese	Wheat		Y				Y					Y		
Vegetarian breakfast wrap – Fried egg, two Quorn vegan sausages, two hash browns, cheese	Wheat		Y				Y							
Breakfast roll with bacon	Wheat					Y	Y							
Breakfast roll with sausage	Wheat					Y	Y					Y		
Breakfast roll with Quorn vegan sausage	Wheat					Y	Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BREAKFAST

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Breakfast roll with haggis	Oats, Wheat					Y	Y							
Breakfast roll with fried egg	Wheat		Y			Y	Y							
Breakfast roll with black pudding	Oats, Wheat					Y	Y							
Smashed avocado bagel – Avocado, tomato, onion, coriander, on an onion, garlic, sesame seed & poppy seed-coated bagel	Barley, Wheat										Y			
Add: Maple-cured bacon														
Add: Poached egg			Y											
Bagel – An onion, garlic, sesame seed & poppy seed-coated bagel, cream cheese	Barley, Wheat						Y				Y			
Smoked salmon, cream cheese & rocket bagel – On an onion, garlic, sesame seed & poppy seed-coated bagel	Barley, Wheat			Y			Y				Y			
Bacon butty – Four rashers of bacon, bloomer bread	Barley, Wheat						Y							
Sausage butty	Barley, Wheat						Y					Y		
Quorn sausage butty	Barley, Wheat						Y							
Toast and preserves	Barley, Wheat						Y							
Toast and preserves with wholewheat bloomer bread	Barley, Wheat						Y							
Fresh fruit														
MOMA Porridge with banana and honey							Y							
MOMA Porridge with fresh blueberries and brown sugar							Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

FOOD MENU

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SMALL PLATES

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Mozzarella & tomato salad – Balsamic glaze, rocket							Y					Y		
Soup – Tomato & basil soup – Bread and Lurpak spreadable	Barley, Wheat						Y		Y					
Soup – Broccoli & Cashel Blue® cheese soup – Bread and Lurpak spreadable	Barley, Wheat						Y		Y					
Soup – Potato & leek soup – Bread and Lurpak spreadable	Barley, Wheat						Y							
Soup – Vegetable broth – Bread and Lurpak spreadable	Barley, Wheat						Y		Y					
Houmous and tortilla chips – Pico de gallo											Y			
Half rack of BBQ pork ribs and six onion rings	Barley, Wheat													
Topped chips – BBQ pulled chicken – Cheese	Wheat						Y							
Topped chips – British beef chilli – Sour cream	Barley, Wheat						Y							
Topped chips – Five-bean chilli	Barley, Wheat													
Topped chips – Loaded – Cheese, maple-cured bacon, sour cream	Wheat						Y							
Topped chips – Chip shop-style curry sauce	Wheat						Y			Y				
Large garlic pizza bread	Wheat						Y							
Houmous and falafel – Pico de gallo											Y			
Halloumi fries – Sweet chilli sauce							Y							
Vegetable samosas – Tomato, onion, coriander, mango chutney	Wheat													
Chicken breast bites – Battered chicken, sticky soy sauce	Wheat					Y						Y		
Small nachos – Cheese, guacamole, salsa, sour cream, sliced chillies							Y					Y		
Southern-fried chicken strips – Smoky chipotle mayo	Wheat		Y						Y			Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SMALL PLATES

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
British chicken wings – Ten spicy chicken wings, Sriracha hot sauce, blue cheese dip	Wheat		Y				Y		Y					
Spicy coated king prawns – Sweet chilli sauce	Wheat	Y							Y			Y		
Grilled halloumi – Sweet chilli sauce, rocket							Y							
Macaroni cheese bites – Salsa, rocket	Durum Wheat, Wheat						Y			Y		Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

DELI DEALS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Jacket potato with salad and 1 filling – Roasted vegetables										Y				
Jacket potato with salad and 1 filling – Baked beans										Y				
Jacket potato with salad and 1 filling – Cheese							Y			Y				
Jacket potato with salad and 1 filling – Coleslaw			Y							Y				
Jacket potato with salad and 1 filling – Tuna mayo			Y	Y						Y				
Jacket potato with salad and 1 filling – British beef chilli, sour cream	Barley, Wheat						Y			Y				
Jacket potato with salad and 1 filling – Five-bean chilli	Barley									Y				
Houmous & roasted vegetable deli salad bowl											Y			
The freshly made items below are all served with chips or a salad instead – please check allergens for relevant sides overleaf.														
Brie, bacon & smoky chilli jam panini	Barley, Wheat						Y							
Smashed avocado bagel – An onion, garlic, sesame seed & poppy seed-coated bagel, tomato, onion, coriander	Barley, Wheat										Y			
Add: Maple-cured bacon														
Add: Poached egg			Y											
Add: Halloumi							Y							
Smoked salmon, cream cheese & rocket bagel	Barley, Wheat			Y			Y				Y			
Cheese, mayo & tuna melt panini	Barley, Wheat		Y	Y			Y							
Wiltshire cured ham & cheese panini	Barley, Wheat						Y							
Cheese & tomato panini	Barley, Wheat						Y							
BBQ pulled chicken, bacon & cheese panini	Barley, Wheat						Y							
Houmous & roasted vegetable wrap – Tomato, salad leaves	Wheat										Y			

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

DELI DEALS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Chicken & avocado wrap – Mayonnaise	Wheat		Y											
Falafel & houmous wrap – Tomato, cucumber, mango chutney	Wheat										Y			
Chicken wrap – Cold pulled chicken and sweet chilli sauce	Wheat													
Chicken wrap – Southern-fried chicken and smoky chipotle mayo	Wheat		Y						Y			Y		
Grilled halloumi & sweet chilli wrap – Tomato, cucumber	Wheat						Y							
Add: Avocado														
Side options														
Chips option	Wheat													
Side salad option										Y				
Skinny fries option	Wheat													

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BURGERS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Classic 6oz beef burger	Wheat		Y				Y					Y		
Fried buttermilk chicken burger	Wheat		Y				Y							
Grilled chicken breast burger	Wheat		Y				Y							
Skinny chicken burger – Grilled chicken breast, with salad, instead of chips	Wheat		Y				Y							
Vegetable burger	Wheat		Y				Y							
Add any of the following:														
Add: Cheddar cheese							Y							
Add: American cheese							Y							
Add: Maple-cured bacon														
Add: Maple-cured bacon with Cheddar cheese							Y							
Add: Maple-cured bacon with American-style cheese							Y							
Add: Grilled halloumi							Y							
Add: Caerphilly cheese & leek sauce	Wheat						Y		Y	Y				
Add: British beef chilli	Barley, Wheat													
Add: Five-bean chilli	Barley													
Add: Roasted vegetables														
Add: Six onion rings	Barley, Wheat													
Add: Avocado														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BURGERS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Add: Baconnise			Y							Y				
Add: BBQ sauce														
Add: Blue cheese sauce			Y				Y							
Add: Coleslaw			Y							Y				
Add: Fried egg			Y											
Gourmet burgers														
Hardys Shiraz & mushroom beef burger – 6oz beef patty, Shiraz red wine sauce, mushroom	Barley, Wheat		Y				Y		Y			Y		
Pulled beef burger – 6oz beef patty, pulled British or Irish beef brisket, blue cheese sauce	Barley, Wheat		Y				Y					Y		
Ultimate burger – 6oz beef patty, maple-cured bacon, cheese, signature burger sauce, gherkin	Barley, Wheat		Y				Y					Y		
Caledonian burger – 6oz beef patty, haggis, whisky sauce	Oats, Wheat		Y				Y			Y		Y		
Gourmet chicken burger – Grilled chicken – Maple-cured bacon, Monterey Jack cheese & pepper sauce	Wheat		Y				Y			Y				
Gourmet chicken burger – Fried buttermilk chicken – Maple-cured bacon, Monterey Jack cheese & pepper sauce	Wheat		Y				Y			Y				
Gourmet vegetable burger – Guacamole, houmous, pico de gallo, rocket	Barley, Wheat		Y				Y				Y			
BBQ burger – Beef – Maple-cured bacon, cheese, BBQ sauce	Barley, Wheat		Y				Y					Y		
BBQ burger – Grilled chicken – Maple-cured bacon, cheese, BBQ sauce	Barley, Wheat		Y				Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BURGERS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
BBQ burger – Buttermilk chicken – Maple-cured bacon, cheese, BBQ sauce	Barley, Wheat		Y				Y							
Tennessee burger – Beef	Barley, Wheat		Y			Y	Y		Y			Y		
Tennessee burger – Grilled chicken	Barley, Wheat		Y			Y	Y		Y					
Tennessee burger – Buttermilk chicken	Barley, Wheat		Y			Y	Y		Y					
Drive-thru burger – Beef – American-style cheese slices, baconnise, maple-cured bacon, gherkin	Barley, Wheat		Y				Y			Y		Y		
Drive-thru burger – Grilled chicken – American-style cheese slices, baconnise, maple-cured bacon, gherkin	Barley, Wheat		Y				Y			Y				
Drive-thru burger – Buttermilk chicken – American-style cheese slices, baconnise, maple-cured bacon, gherkin	Barley, Wheat		Y				Y			Y				
Empire State burger – Two 6oz beef patties, American-style cheese slices, maple-cured bacon	Barley, Wheat		Y				Y					Y		
Chicken, Brie & smoky chilli burger – Grilled chicken – Brie, smoky chilli jam, rocket	Barley, Wheat		Y				Y							
Chicken, Brie & smoky chilli burger – Fried buttermilk chicken – Brie, smoky chilli jam, rocket	Barley, Wheat		Y				Y							
Brunch burger – Grilled chicken – Cheese, maple-cured bacon, fried egg	Barley, Wheat		Y				Y					Y		
Brunch burger – Beef – Cheese, maple-cured bacon, fried egg	Barley, Wheat		Y				Y					Y		
Beef burger with Cornish cheese – British beef burger, Davidstow mature Cheddar cheese, bacon	Barley, Wheat		Y				Y					Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SALADS, PASTAS & RISOTTO

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Halloumi, houmous & falafel salad – Salad leaves, cucumber, tomato, onion, coriander, flour tortilla	Wheat						Y				Y			
Quinoa salad – Quinoa, rice, avocado, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, dressing										Y				
Top with: Pulled chicken														
Top with: Grilled halloumi							Y							
Top with: Falafel														
Top with: Roasted vegetables														
Pulled chicken, avocado & maple-cured bacon salad – Balsamic vinaigrette						Y				Y				
British beef lasagne (also contains pork) – Side salad, dressing	Durum Wheat		Y				Y			Y				
Mediterranean vegetable lasagne – Italian egg pasta in a rich aubergine, red pepper, courgette & slow-roasted tomato ragù sauce, with mature Cheddar cheese, creamed spinach, mozzarella, a nut-free rocket pesto, side salad, dressing	Durum Wheat, Wheat		Y				Y		Y	Y				
Creamy mushroom risotto – Roasted chestnut, oyster, shiitake and porcini mushrooms, with a dash of Prosecco, rocket							Y							
Add: Pulled chicken														
Chicken Caesar salad	Wheat		Y	Y			Y			Y				
Add: Maple-cured bacon														
Macaroni cheese with chips	Durum Wheat, Wheat						Y			Y				
Macaroni cheese	Durum Wheat						Y			Y				
Add: Cheddar cheese							Y							
Add: Bacon														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

FRESH FROM THE GRILL

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Skinny 8oz sirloin steak – Served only with quinoa salad and dressing										Y				
5oz gammon and eggs – Served only with chips	Wheat		Y											
The following dishes are served with peas, tomato and mushroom, with your choice of jacket potato or chips. Please check side options for relevant allergens below.														
8oz sirloin steak														
14oz rump steak														
BBQ chicken melt – Grilled chicken, cheese, bacon, BBQ sauce	Wheat						Y							
Mixed grill – Gammon, pork loin, rump, lamb, sausage	Wheat											Y		
Large mixed grill – As above, with additional sausage, egg, six onion rings	Barley, Wheat		Y									Y		
10oz gammon and eggs			Y											
Surf and turf – Add Whitby breaded scampi to any grill meal	Wheat	Y												
Side options														
Chips option	Wheat													
Skinny fries option	Wheat													
Jacket potato option served with Lurpak spreadable							Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

FRESH FROM THE GRILL

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Sauces and extras														
Add: Hardys Shiraz red wine sauce	Wheat								Y			Y		
Add: Creamy peppercorn sauce							Y		Y			Y		
Add: Honey glaze, made with Jack Daniel's® Tennessee Honey	Wheat					Y	Y		Y					
Add: Black pudding	Oats, Wheat													
Add: Fried egg			Y											
Add: Six onion rings	Barley, Wheat													
Add: Haggis and whisky sauce	Oats						Y					Y		
Add: Whisky sauce							Y					Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CHICKEN & RIBS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Wing & rib combo – Five spicy chicken wings, Sriracha hot sauce, a half rack of BBQ pork ribs, coleslaw, six onion rings, chips	Barley, Wheat		Y						Y	Y				
Chicken & rib combo – Chicken breast, a half rack of BBQ pork ribs, BBQ sauce, coleslaw, six onion rings, chips	Barley, Wheat		Y							Y				
Triple chicken feast – Chicken breast, spicy chicken wings, southern-fried chicken strips, BBQ sauce, coleslaw, chips, a char-grilled mini corn-on-the-cob	Wheat		Y						Y	Y				
BBQ pork ribs – Coleslaw, six onion rings, chips	Barley, Wheat		Y							Y				
Southern-fried chicken strips – Honey glaze, made with Jack Daniel's® Tennessee Honey, coleslaw, chips	Wheat		Y			Y	Y		Y	Y				

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

PIZZA

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Classic Margherita – Mozzarella, fresh basil	Wheat						Y							
Gourmet vegetable – Mozzarella, mushroom, roasted pepper, courgette, onion	Wheat						Y							
Vegan pizza – Mushroom, roasted pepper, courgette, onion	Wheat													
Goat's cheese and spiced red onion chutney – Mozzarella, red onion	Wheat						Y			Y				
Hawaiian – Mozzarella, ham, pineapple	Wheat						Y							
Ham and mushroom – Mozzarella, ham, mushroom	Wheat						Y							
BBQ chicken – Mozzarella, BBQ sauce, chicken breast, red onion	Wheat						Y							
Pepperoni – Mozzarella, pepperoni	Wheat						Y							
Spicy meat feast – Mozzarella, ham, pepperoni, chicken breast, sliced chillies	Wheat						Y							
Haggis – Mozzarella, haggis	Oats, Wheat						Y							
Pulled chicken, avocado and bacon – Mozzarella, chicken breast, avocado, maple-cured bacon	Wheat						Y							
Garlic pizza bread (small)	Wheat						Y							
Garlic pizza bread (large)	Wheat						Y							
Garlic pizza bread – With mozzarella (small)	Wheat						Y							
Garlic pizza bread – With mozzarella (large)	Wheat						Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

PIZZA

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Choice of extra toppings														
Add: Red onion														
Add: Sliced chillies														
Add: Mushroom														
Add: Pineapple														
Add: BBQ sauce														
Add: Wiltshire cured ham														
Add: Chicken breast														
Add: Pepperoni														
Add: Avocado														
Add: Goat's cheese							Y							
Add: Spiced red onion chutney										Y				
Children's Margherita	Wheat						Y							
Children's ham and cheese	Wheat						Y							
Children's BBQ chicken and cheese	Wheat						Y							
Children's Hawaiian – Ham and pineapple	Wheat						Y							
Children's roasted vegetable – Roasted pepper, courgette, onion	Wheat						Y							
Children's vegan pizza – Mushroom, roasted pepper, courgette, onion	Wheat													

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

PUB CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
All-day brunch – Two sausages, bacon, fried eggs, baked beans, chips	Wheat		Y									Y		
Add: Two slices of black pudding	Oats, Wheat													
Vegetarian all-day brunch – Three Quorn vegan sausages, fried eggs, baked beans, chips	Wheat		Y											
Bangers and mash – Three Lincolnshire sausages, peas, gravy	Wheat						Y					Y		
Vegetarian sausages and mash	Wheat						Y		Y					
Freshly battered fish and chips – Cod fillet, peas	Wheat			Y		Y								
Freshly battered fish and chips – Cod fillet, mushy peas	Wheat			Y		Y								
Freshly battered fish and chips – Haddock fillet, peas	Wheat			Y		Y								
Freshly battered fish and chips – Haddock fillet, mushy peas	Wheat			Y		Y								
Small meal of freshly battered cod and chips – Peas	Wheat			Y		Y								
Small meal of freshly battered cod and chips – Mushy peas	Wheat			Y		Y								
Small meal of freshly battered haddock and chips – Peas	Wheat			Y		Y								
Small meal of freshly battered haddock and chips – Mushy peas	Wheat			Y		Y								
Fish and chips – Two oven-baked, battered cod fillets, skinny fries, peas	Wheat			Y			Y			Y				
Fish and chips – Two oven-baked, battered cod fillets, skinny fries, mushy peas	Wheat			Y			Y			Y				
Add: Two slices of bread and Lurpak spreadable	Barley, Wheat						Y							
Add: Chip shop-style curry sauce	Wheat						Y			Y				
Whitby breaded scampi – Chips, peas	Wheat	Y												
Small Whitby breaded scampi – Chips, peas	Wheat	Y												

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

PUB CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Stuffed chicken breast wrapped in smoky bacon – Bacon stuffing, leek, onion, peas, gravy, Maris Piper mash							Y							
Lamb shank – British roasted root vegetables, rosemary & redcurrant gravy, Maris Piper mash							Y		Y			Y		
Chicken tikka masala – Served with basmati pilau rice, plain naan bread, poppadums	Wheat						Y		Y	Y				
Sweet potato, chickpea & spinach curry – Served with basmati pilau rice, plain naan bread, poppadums	Wheat								Y	Y				
Mangalorean roasted cauliflower & spinach curry – Served with basmati pilau rice, plain naan bread, poppadums	Wheat								Y	Y				
Add: Garlic naan	Wheat						Y							
Vegetable samosas	Wheat													
British beef cottage pie – Peas, gravy	Barley						Y					Y		
Welsh Celtic Pride beef cottage pie – Peas, gravy	Barley			Y								Y		
Teriyaki noodles – Choi sum, carrot, red pepper, edamame beans, shiitake mushrooms, soy sauce, ginger, chilli, garlic, black and white sesame seeds, crispy onion	Barley, Wheat					Y					Y			
Add: Pulled chicken														
Five-bean chilli – Rice, tortilla chips	Barley					Y								
British beef chilli – British diced and minced beef, black beans, kidney beans, in a spicy chipotle chilli sauce containing Shipyard American Pale Ale. Rice, sour cream, tortilla chips	Barley, Wheat					Y	Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

PUB CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
British steak & kidney pudding – Chips, peas, gravy	Barley, Wheat											Y		
Wiltshire cured ham, eggs, chips	Wheat		Y											
Small Wiltshire cured ham, egg, chips	Wheat		Y											
Steak & gravy Scotch pie – Chips, beans, gravy	Barley, Wheat					Y	Y							
Bowl of chips – With gravy	Wheat								Y					
Scottish haggis, neeps and tatties – Haggis, swede, mashed potato	Oats						Y							
Balmoral chicken – Chicken breast, bacon, haggis, peppercorn sauce, mashed potato, peas	Oats						Y					Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

PUB CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Welsh dragon sausages and mash – Three UK pork, leek & chilli sausages, Caerphilly cheese & leek mash, peas, gravy	Wheat						Y		Y	Y		Y		
Welsh vegetarian sausages and mash – Three vegan Quorn sausages, Caerphilly cheese & leek mash, peas, vegetarian gravy	Wheat						Y		Y	Y				
British beef & Doom Bar® ale pie – Gravy, Maris Piper mash, peas	Barley, Wheat		Y				Y							
British beef & Doom Bar® ale pie – Gravy, Maris Piper mash, mushy peas	Barley, Wheat		Y				Y							
British beef & Doom Bar® ale pie – Gravy, chips, peas	Barley, Wheat		Y											
British beef & Doom Bar® ale pie – Gravy, chips, mushy peas	Barley, Wheat		Y											
Welsh beef & ale pie – Gravy, Maris Piper mash, mushy peas	Barley, Wheat		Y				Y		Y					
Welsh beef & ale pie – Gravy, chips, mushy peas	Barley, Wheat		Y						Y					
Welsh beef & ale pie – Gravy, Maris Piper mash, peas	Barley, Wheat		Y				Y		Y					
Welsh beef & ale pie – Gravy, chips, peas	Barley, Wheat		Y						Y					
Lamb cawl – Lamb, carrot, leek, swede, white bloomer	Barley, Wheat						Y							
Cornish ploughman's plate – Davidstow mature Cheddar cheese, Healeys Cornish pickle, Wiltshire cured ham, wholewheat bloomer, apple slices, tomato, side salad	Barley, Wheat						Y			Y		Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SIDES

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Roasted vegetables														
Two char-grilled mini corns-on-the-cob														
Onion rings – Six	Barley, Wheat													
Onion rings – Twelve	Barley, Wheat													
Garlic ciabatta bread – Plain	Barley, Wheat						Y							
Garlic ciabatta bread – With cheese	Barley, Wheat						Y							
Garlic pizza bread (small)	Wheat						Y							
Garlic pizza bread (large)	Wheat						Y							
Garlic pizza bread – with mozzarella (small)	Wheat						Y							
Garlic pizza bread – with mozzarella (large)	Wheat						Y							
Bowl of chips	Wheat													
Bowl of chips – With curry sauce	Wheat						Y			Y				
Side salad										Y				
Quinoa side salad										Y				
Coleslaw			Y							Y				
Peas														
Mushy peas														
Half rack of BBQ pork ribs														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

DESSERTS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
British Bramley apple crumble – With ice cream							Y					Y		
British Bramley apple crumble – With custard							Y					Y		
Warm cookie dough sandwich with ice cream	Wheat		Y			Y	Y							
Mini warm cookie dough sandwich with ice cream	Wheat		Y			Y	Y							
Warm chocolate brownie with ice cream	Wheat		Y			Y	Y							
Mini warm chocolate brownie with ice cream	Wheat		Y			Y	Y							
American-style pancakes with ice cream – Maple-flavour syrup	Wheat		Y			Y	Y							
Warm chocolate fudge cake with ice cream	Wheat		Y			Y	Y							
Fresh fruit with ice cream – Apple, banana, blueberries							Y							
Carrot cake	Wheat		Y				Y	Pistachio, Walnut				Y		
Dipping doughnuts – Belgian chocolate sauce, caramel sauce	Wheat		Y			Y	Y							
Cornish sundae – Roskilly's organic clotted cream vanilla ice cream, Roskilly's clotted cream fudge, toffee sauce, cream			Y				Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CAKES

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Carrot cake	Wheat		Y				Y	Pistachio, Walnut				Y		
Caramel shortbread	Wheat					Y	Y							
Coffee & walnut cake	Barley, Wheat		Y				Y	Walnut						
Fruit teacake, served with Lurpak spreadable	Wheat					Y	Y							
Lemon cake	Wheat		Y				Y							
Victoria sponge	Wheat		Y			Y	Y							
Plain scone, clotted cream and strawberry jam	Wheat		Y				Y							
Tan Y Castell Welshcakes	Wheat		Y											

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SCOTTISH CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Large Scottish breakfast – Two fried eggs, bacon, two sausages, two black puddings, baked beans, potato scone, tomato, two slices of toast	Barley, Oats, Wheat		Y				Y					Y		
Traditional Scottish breakfast – Fried egg, bacon, sausage, black pudding, baked beans, potato scone, tomato, slice of toast	Barley, Oats, Wheat		Y				Y					Y		
Small Scottish breakfast – Fried egg, bacon, sausage, baked beans, potato scone	Wheat		Y									Y		
Eggs Balmoral – Two poached eggs, on an English muffin, with haggis, Hollandaise sauce, rocket	Oats, Rye, Wheat		Y				Y		Y					
Small eggs Balmoral	Oats, Rye, Wheat		Y				Y		Y					
Breakfast roll with haggis	Oats, Wheat					Y	Y							
Breakfast roll with fried egg	Wheat		Y			Y	Y							
Breakfast roll with black pudding	Oats, Wheat					Y	Y							
Macaroni cheese bites – Salsa, rocket	Durum Wheat, Wheat						Y			Y		Y		
Caledonian burger – 6oz beef patty, haggis, whisky sauce	Oats, Wheat		Y				Y			Y		Y		
Macaroni cheese with chips	Durum Wheat, Wheat						Y			Y				
Macaroni cheese	Durum Wheat						Y			Y				
Add: Cheddar cheese							Y							
Add: Bacon														
Haggis & cheese panini	Barley, Oats, Wheat						Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SCOTTISH CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Steak & gravy Scotch pie – Chips, beans, gravy	Barley, Wheat					Y	Y							
Bowl of chips – With gravy	Wheat								Y					
Haggis and whisky sauce	Oats						Y					Y		
Whisky sauce							Y					Y		
Balmoral chicken – Chicken breast, bacon, haggis, peppercorn sauce, mashed potato, peas	Oats						Y					Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

WELSH CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Welsh dragon sausages and mash – Three UK pork, leek & chilli sausages, Caerphilly cheese & leek mash, peas, gravy	Wheat						Y		Y	Y		Y		
Welsh vegetarian sausages & mash – Three vegan Quorn sausages, Caerphilly cheese & leek mashed potato, peas, vegetarian gravy	Wheat						Y		Y	Y				
Welsh Celtic Pride beef cottage pie – Peas, gravy	Barley			Y								Y		
Welsh beef & ale pie – Gravy, Maris Piper mash, mushy peas	Barley, Wheat		Y				Y		Y					
Welsh beef & ale pie – Gravy, chips, mushy peas	Barley, Wheat		Y						Y					
Welsh beef & ale pie – Gravy, Maris Piper mash, peas	Barley, Wheat		Y				Y		Y					
Welsh beef & ale pie – Gravy, chips, peas	Barley, Wheat		Y						Y					
Lamb cawl – Lamb, carrot, leek, swede, white bloomer	Barley, Wheat						Y							
The flaming dragon chicken curry – Basmati pilau rice, naan bread, poppadums	Wheat						Y		Y	Y		Y		
Faggots – Pork & liver faggots, chips, mushy peas, gravy	Wheat													
Tan Y Castell Welshcakes	Wheat		Y											

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CORNISH CLASSICS

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Beef burger with Cornish cheese – British beef burger, Davidstow mature Cheddar cheese, bacon	Barley, Wheat		Y				Y					Y		
Large Cornish pasty – A Proper Cornish™ hand-crimped British beef & potato pasty, with chips, beans	Wheat						Y							
Cheese & onion pasty – A Proper Cornish™ hand-crimped pasty, filled with Davidstow mature Cheddar cheese, onion, with chips, beans	Wheat						Y							
Cornish ploughman's plate – Davidstow mature Cheddar cheese, Healeys Cornish pickle, Wiltshire cured ham, wholewheat bloomer, apple slices, tomato, side salad	Barley, Wheat						Y			Y		Y		
Cornish ploughman's sandwich – Davidstow mature Cheddar cheese, Healeys Cornish pickle, Wiltshire cured ham, tomato, in a wholewheat bloomer	Barley, Wheat						Y			Y		Y		
Cornish sundae – Roskilly's organic clotted cream vanilla ice cream, Roskilly's clotted cream fudge, toffee sauce, cream			Y				Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CHILDREN'S MENU

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CHILDREN'S MENU

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Cheesy pasta – Macaroni pasta, with broccoli and peas	Durum Wheat, Wheat						Y			Y				
Spaghetti Bolognese – Spaghetti pasta, with a 100% British beef sauce, vegetables and herbs	Durum Wheat								Y					
Wiltshire cured ham, fried free-range egg, chips	Wheat		Y											
Five-bean chilli – Mexican rice	Barley					Y								
Jacket potato with tuna mayo			Y	Y										
Jacket potato with no-added-sugar baked beans														
Jacket potato with cheese							Y							
Jacket potato with roasted vegetables														
British beef lasagne (also contains pork)	Durum Wheat		Y				Y							
Grilled chicken breast														
Whitby breaded scampi	Wheat	Y												
Fish – Freshly battered, sustainable cod	Wheat			Y		Y								
Fish – Freshly battered, sustainable haddock	Wheat			Y		Y								
Pork sausages	Wheat											Y		
Quorn vegan sausages	Wheat													
Five chicken breast nuggets	Wheat													
Hot dog – A pork hot dog	Wheat								Y					

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CHILDREN'S MENU

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Roasted vegetables – Roasted pepper, courgette, onion														
Cucumber sticks and tomato wedges														
Mini corn-on-the-cob														
Peas														
No-added-sugar baked beans														
Jacket potato														
Mashed potato							Y							
Chips	Wheat													
Vanilla ice cream							Y							
Add: Blueberries														
Add: Banana														
Add: Chocolate sauce						Y	Y							
Add: Toffee sauce							Y							
Dipping doughnuts – Two mini doughnuts, with chocolate sauce	Wheat		Y			Y	Y							
Children's pizza														
Children's Margherita	Wheat						Y							
Children's ham and cheese	Wheat						Y							
Children's BBQ chicken and cheese	Wheat						Y							
Children's Hawaiian – Ham and pineapple	Wheat						Y							
Children's roasted vegetable – Roasted pepper, courgette, onion	Wheat						Y							
Children's vegan pizza – Mushroom, roasted pepper, courgette, onion	Wheat													

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CLUB MENUS

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

STEAK CLUB

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Wing & rib combo – Five spicy chicken wings, Sriracha hot sauce, a half rack of BBQ pork ribs, coleslaw, six onion rings, chips	Barley, Wheat		Y						Y	Y				
Chicken & rib combo – Chicken breast, a half rack of BBQ pork ribs, coleslaw, six onion rings, chips	Barley, Wheat		Y							Y				
BBQ pork ribs – Coleslaw, six onion rings, chips	Barley, Wheat		Y							Y				
Skinny 8oz sirloin steak – Served only with quinoa salad and dressing										Y				
Quinoa salad with grilled halloumi – Quinoa, rice, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, dressing							Y			Y				
The following dishes are served with peas, tomato and mushroom, with your choice of jacket potato or chips. Please check side options for relevant allergens below.														
8oz sirloin steak														
14oz rump steak														
BBQ chicken melt – Grilled chicken, cheese, bacon, BBQ sauce	Wheat						Y							
Mixed grill – Gammon, pork loin, rump, lamb, sausage	Wheat											Y		
Large mixed grill – As above, with an additional sausage, egg, six onion rings	Barley, Wheat		Y									Y		
10oz gammon and eggs – Two 5oz gammon steaks, topped with two fried eggs	Wheat		Y											
Side options														
Chips option	Wheat													
Skinny fries option	Wheat													
Jacket potato option served with Lurpak spreadable							Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

STEAK CLUB

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Combos – Add any of the following:														
Fried buttermilk chicken breast	Wheat		Y				Y							
Grilled chicken breast														
Five chicken breast bites – Battered chicken breast chunks, sticky soy sauce	Wheat					Y						Y		
Five chicken wings – Sriracha hot sauce	Wheat								Y					
Three southern-fried chicken strips – Honey glaze, made with Jack Daniel's® Tennessee Honey	Wheat					Y	Y		Y					
Half rack of BBQ pork ribs														
Spicy coated king prawns	Wheat	Y							Y			Y		
Grilled halloumi							Y							
Whitby scampi	Wheat	Y												

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

STEAK CLUB

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Sides														
Two mini char-grilled corns-on-the-cob														
Avocado														
Six onion rings	Barley, Wheat													
Twelve onion rings	Barley, Wheat													
Coleslaw			Y							Y				
Black pudding	Oats, Wheat													
Roasted vegetables														
Sauces and extras														
Hardys Shiraz red wine sauce	Wheat								Y			Y		
Honey glaze, made with Jack Daniel's® Tennessee Honey	Wheat					Y	Y		Y					
Creamy peppercorn sauce							Y		Y			Y		
Fried egg			Y											

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CHICKEN CLUB

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Triple chicken feast – Chicken breast, spicy chicken wings, southern-fried chicken strips, BBQ sauce, coleslaw, chips, a char-grilled mini corn-on-the-cob	Wheat		Y						Y	Y				
Chicken quinoa salad – Quinoa, rice, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, dressing										Y				
Choose your chicken – all served with coleslaw														
Pulled chicken bun – Hand-pulled chicken breast, in a brioche bun, rocket, red onion	Wheat		Y				Y			Y				
Chicken wings – Ten spicy chicken wings	Wheat		Y							Y				
Chicken breast bites – Ten battered chicken breast chunks	Wheat		Y			Y				Y				
Grilled chicken breast			Y							Y				
Southern-fried chicken strips – Five crunchy southern-fried chicken strips	Wheat		Y						Y	Y				
Fried buttermilk chicken breast	Wheat		Y				Y			Y				
Choose your sauce														
BBQ sauce														
Sticky soy sauce	Wheat					Y						Y		
Sriracha hot sauce									Y					
Honey glaze, made with Jack Daniel's® Tennessee Honey	Wheat					Y	Y		Y					
Side options														
Chips option	Wheat													
Side salad option										Y				
Mexican-style rice option						Y								

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CHICKEN CLUB

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Sides and combos – Add any of the following:														
Buttermilk chicken breast	Wheat		Y				Y							
Grilled chicken breast														
Chicken breast bites – Battered chicken breast chunks, sticky soy sauce	Wheat					Y						Y		
Five chicken wings – Sriracha hot sauce	Wheat								Y					
Three southern-fried chicken strips – Honey glaze, made with Jack Daniel's® Tennessee Honey	Wheat					Y	Y		Y					
Half rack of BBQ pork ribs														
Spicy coated king prawns – Sweet chilli sauce	Wheat	Y							Y			Y		
Grilled halloumi – Sweet chilli sauce							Y							
Quinoa side salad										Y				
Two mini char-grilled corns-on-the-cob														
Avocado														
Six onion rings	Barley, Wheat													
Twelve onion rings	Barley, Wheat													
Baconnaise			Y							Y				

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CURRY CLUB

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Curry meals, served with basmati pilau rice, plain naan bread and poppadums														
Chicken korma – A traditional, mild, sweet curry, made with chicken breast and cooked with yoghurt, coconut, cream, almonds and fresh coriander	Wheat						Y	Almond	Y	Y				
Lamb rogan josh – Slow-cooked lamb in aromatic spices, served in a Kashmiri-style sauce, with tomato, onion, coriander, cumin and green chillies	Wheat								Y	Y				
Chicken tikka masala – Chicken breast, marinated in tandoori spices, in a rich tomato sauce, with cream, red onion, butter, coriander and cardamom	Wheat						Y		Y	Y				
Chicken jalfrezi – Seared marinated chicken, with onion and peppers, in a tomato sauce tempered with whole cumin seeds	Wheat						Y		Y	Y				
Sweet potato, chickpea & spinach curry – Sweet potato tossed in a rich coconut sauce with chickpeas and spinach	Wheat								Y	Y				
Beef Madras – Tender pieces of diced beef, in a spiced tomato sauce, with onion, coconut, mustard seeds and chilli	Wheat								Y	Y				
The flaming dragon chicken curry – Basmati pilau rice, naan bread, poppadums	Wheat						Y		Y	Y		Y		
Chicken vindaloo – Seared marinated chicken, in a hot spicy sauce, with onion petals and chilli slices	Barley, Wheat						Y		Y	Y				
Mangalorean roasted cauliflower & spinach curry – A south Indian tangy creamed coconut sauce, roasted cauliflower, potato, spinach, red peppers, finished with fenugreek leaves	Wheat								Y	Y				
Plain naan	Wheat													
Garlic naan	Wheat						Y							
Onion bhajis	Wheat													
Vegetable samosas – An authentic Indian short pastry, filled with a blend of spices and vegetables	Wheat													

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

FISH FRIDAY®

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Freshly battered fish and chips – Cod fillet, peas	Wheat			Y		Y								
Freshly battered fish and chips – Cod fillet, mushy peas	Wheat			Y		Y								
Freshly battered fish and chips – Haddock fillet, peas	Wheat			Y		Y								
Freshly battered fish and chips – Haddock fillet, mushy peas	Wheat			Y		Y								
Two slices of bread and Lurpak spreadable	Barley, Wheat						Y							
Add: Chip shop-style curry sauce	Wheat						Y			Y				

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SUNDAY BRUNCH

FOOD ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
All-day brunch – Two sausages, bacon, fried eggs, baked beans, chips	Wheat		Y									Y		
Vegetarian all-day brunch – Three Quorn vegan sausages, fried eggs, baked beans, chips	Wheat		Y											
Steak and eggs – 8oz sirloin steak	Wheat		Y											
Steak and eggs – 14oz rump steak	Wheat		Y											
Add: Two slices of bread and Lurpak spreadable	Barley, Wheat						Y							
Add: Two slices of black pudding	Oats, Wheat													
Lamb shank – British roasted root vegetables, rosemary & redcurrant gravy, Maris Piper mash							Y		Y			Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

EVENT AND SEASONAL MENUS

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

DRINKS MENU

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

DRAUGHT LAGER & BEER

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Bud Light	Barley													
Carlsberg	Barley													
Foster's	Barley													
Carling	Barley, Wheat													
Coors Light	Barley, Wheat													
Stella Artois	Barley													
San Miguel	Barley													
Kronenbourg 1664	Barley													
Heineken	Barley													
John Smith's	Barley													
Guinness	Barley													
Tennent's	Barley, Wheat													
Innis & Gunn Lager	Barley, Oats, Wheat													
Deuchars IPA	Barley													
When adding lemonade or cordials, please note the additional allergens below:														
R White's lemonade												Y		
Lime cordial												Y		
Blackcurrant cordial														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

CRAFT BEER & REAL ALE

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Ruddles	Barley													
Greene King IPA	Barley													
Abbot Ale	Barley													
Sharp's Doom Bar	Barley													
Shipyards American Pale Ale	Barley, Rye, Wheat													
Hop House 13 Lager	Barley													
BrewDog Punk IPA	Barley													
BrewDog Elvis Juice	Barley													
Innis & Gunn Mango IPA	Barley													
Sixpoint Lo-Res IPA	Barley													
Sixpoint Bengali IPA	Barley													
Lagunitas IPA	Barley, Wheat													
Brooklyn Lager	Barley													
Black Sheep Pathmaker pale ale	Barley, Wheat													
Crafty Dan 13 Guns American IPA	Barley, Rye													
When adding lemonade or cordials, please note the additional allergens below:														
R White's lemonade												Y		
Lime cordial												Y		
Blackcurrant cordial														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

DRAUGHT & BOTTLED CIDER

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Goose IPA	Barley, Wheat													
Blue Moon Belgian-style wheat ale	Barley, Oats, Wheat													
Devils Backbone – American IPA	Barley													
Strongbow Dark Fruit												Y		
Magners												Y		
Strongbow												Y		
Thatchers Gold												Y		
Angry Orchard												Y		
Aspall Suffolk Cyder												Y		
Kopparberg Strawberry & Lime cider												Y		
Kopparberg Mixed Fruit cider												Y		
Bulmers No17 cider												Y		
WKD														
Smirnoff Ice														
Hooch														
When adding lemonade or cordials, please note the additional allergens below:														
R White's lemonade												Y		
Lime cordial												Y		
Blackcurrant cordial														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

WORLD BEER

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
SA Brains Atlantic White IPA	Barley, Wheat													
Thornbridge Versa Weisse Beer	Barley, Wheat													
Beck's	Barley													
Birra Moretti	Barley													
Tsingtao	Barley													
Tyskie Gronie	Barley													
Krombacher Pils	Barley													
Newcastle Brown Ale	Barley													
Budweiser	Barley													
Peroni	Barley													
Sol	Barley													
Corona	Barley													
Desperados	Barley													
Efes	Barley, Rye, Wheat													
Baltika 7	Barley													
Estrella Galicia GLUTEN FREE														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

LOW & ALCOHOL FREE

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DISH CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Adnams Ghost Ship low alcohol	Barley, Wheat			Y										
Beck's Blue alcohol free	Barley													
Kopparberg Strawberry & Lime alcohol free												Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

GIN PALACE

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Allergen stated for gin and garnish only – please see soft drinks for mixer allergens														
Zymurgorium Realm of the Unicorn Gin Liqueur. With strawberry														
Zymurgorium Sweet Violet Liqueur. With lemon														
Tanqueray Flor de Sevilla. With orange														
Gordon's Pink Gin. With strawberry														
Gordon's. With lime														
Portobello Road. With pink grapefruit														
Bombay Sapphire. With lime														
Tanqueray. With lime														
Tanqueray No. Ten. With pink grapefruit														
Edinburgh Gin Raspberry Liqueur. With lime														
Edinburgh Gin Rhubarb & Ginger Liqueur. With lemon														
Hendrick's Gin. With cucumber														
Caorunn. With apple														
Brecon Special Reserve. With lemon														
Pink Gin Spritz – Gordon's Pink Gin and lemonade. With strawberry												Y		
Gin and Ting – Portobello Road and Ting – a sparkling citrus mixer with the zing of Caribbean grapefruit. With pink grapefruit and mint														
Gin and Ginger – Edinburgh Gin Rhubarb & Ginger Liqueur and ginger ale. With lemon														
Gin Fizz – Gordon's gin, elderflower cordial, lime, tonic water							Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

RUM SHACK

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Allergen stated for rum only – please see soft drinks for mixer allergens														
Captain Morgan Original Spiced Gold														
Captain Morgan White														
Bacardi Carta Blanca														
Kraken Black Spiced														
Havana Club 7-year-old														
Ron Zacapa														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

VODKA DISTILLERY

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Allergen stated for vodka only – please see soft drinks for mixer allergens														
Smirnoff														
Stolichnaya														
Skyy														
Absolut														
Absolut Vanilia														
Grey Goose														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

WHISKY BARREL

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Allergen stated for whisky only – please see soft drinks for mixer allergens														
WHISKIES														
Haig Club Clubman														
Bell's														
Famous Grouse														
Jameson														
Jack Daniel's														
SINGLE MALTS														
Glenfiddich														
Glenmorangie	Barley													
BOURBONS														
Jim Beam														
Buffalo Trace														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

LIQUEUR & BRANDY

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Allergen stated for liqueur/brandy only – please see soft drinks for mixer allergens														
LIQUEURS														
Southern Comfort														
Chambord Black Raspberry Liqueur														
Disaronno Amaretto														
Archers peach schnapps														
Malibu														
Baileys							Y							
Fireball Cinnamon Whisky Liqueur														
Strika Herbal Liqueur														
BRANDIES														
Black Bottle														
E & J												Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

BOMBS & SHOTS

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Strikabomb – Strika Herbal Liqueur and Monster Energy														
Fireballbomb – Fireball Cinnamon Whisky Liqueur and Monster Energy														
Smirnoff vodka and Monster Energy														
Jose Cuervo Especial Silver Tequila														
Antica Sambuca Classic														
Sourz Apple														
Sourz Cherry														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

WINE CELLAR

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Coldwater Creek Chardonnay												Y		
Coldwater Creek Pinot Grigio												Y		
Coldwater Creek Merlot												Y		
Coldwater Creek White Zinfandel Rosé												Y		
Hardys – Chardonnay			Y				Y					Y		
Hardys – Pinot Grigio			Y				Y					Y		
Hardys – Shiraz			Y				Y					Y		
Hardys – Rosé			Y				Y					Y		
Villa Maria Sauvignon Blanc			Y	Y			Y					Y		
Casillero Del Diablo Cabernet Sauvignon												Y		
Trivento Malbec												Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

PROSECCO & SPARKLING

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Teresa Rizzi Prosecco DOC Brut												Y		
Teresa Rizzi Sparkling Rosé												Y		
Hardys Sparkling Chardonnay Pinot Noir			Y				Y					Y		
Denbies Whitedowns Brut												Y		
Denbies Whitedowns Rosé Brut												Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

COCKTAILS

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Mango Monster Mash – Smirnoff vodka, Malibu, Monster Mango Loco, lemonade, lime												Y		
Cheeky V – Port, WKD Blue, lemonade, lime												Y		
Ginberry Fizz – Gordon’s Pink Gin, Chambord Black Raspberry Liqueur, lemonade, strawberry												Y		
Tuity Fruity – Archers peach schnapps, blue Curaçao, orange juice, lemonade, lime												Y		
Long Island Iced Tea – Gordon’s gin, Smirnoff vodka, Jose Cuervo Tequila, Captain Morgan white rum, citrus mix, Pepsi Max, lime														
Porn Star Martini – Absolut Vanilla, mango, passion fruit, orange, lemonade, lime												Y		
Sex on the Beach – Smirnoff vodka, Archers peach schnapps, cranberry juice, orange juice, lime														
Very Cherry – Sourz Cherry, Smirnoff vodka, Pepsi Max, lime														
Purple Rain – Blue Curaçao, Sourz Cherry, lemonade, lime												Y		
Woo Woo – Smirnoff vodka, Archers peach schnapps, cranberry juice, lime														
Blue Lagoon – Blue Curaçao, Smirnoff vodka, lime cordial, lemonade, lime												Y		
The Godfather – Jack Daniel’s Tennessee Whiskey, Disaronno Amaretto, Pepsi Max, lime														
Classic Pimm’s – With lemonade and lots of fruit												Y		
Piña Colada – Captain Morgan white rum, Malibu, piña colada mix, pineapple juice, lime							Y							

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

COCKTAILS

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Sparkling Cocktails														
Aperol Spritz – Aperol, Prosecco, soda, with orange												Y		
Berry Fizz – Disaronno Amaretto, cranberry juice, Prosecco, with strawberry												Y		
Passion Fruit Spritz – Chardonnay, passion fruit mix, lemonade, with orange.												Y		
Raspberry & Elderflower Fizz – Chambord Black Raspberry Liqueur, elderflower cordial, Prosecco, with lime						Y						Y		

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SOFT DRINKS

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Ting														
Pepsi Max														
Diet Pepsi														
R White's lemonade												Y		
Pepsi														
Apple Juice														
Cranberry Juice														
Orange Juice														
J2O Apple & Mango														
J2O Apple & Raspberry														
J2O Orange & Passion Fruit														
Monster Mango Loco														
Monster Energy														
Monster Ultra														
R White's raspberry lemonade														
Old Jamaica ginger beer														
Old Jamaica diet ginger beer														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SOFT DRINKS

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Sanpellegrino Blood Orange														
Sanpellegrino Lemon														
Innocent™ Super Smoothie Energise														
Fentimans Tonic Water														
Fentimans Slimline Tonic Water														
Fentimans Pink Grapefruit Tonic Water														
Strathmore spring water still														
Strathmore spring water sparkling														
Britvic Blackcurrant Cordial														
Britvic Ginger Ale														
Britvic Ginger Beer														
Britvic Grapefruit Juice														
Britvic Low-Calorie Bitter Lemon														
Britvic Lime Cordial												Y		
Britvic Orange Juice														
Britvic Orange Cordial												Y		
Britvic Pineapple Juice														
Britvic Low-Calorie Tonic Water														
Britvic Tomato Juice	Barley								Y					
Britvic Tonic Water														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

SOFT DRINKS

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Elderflower cordial						Y								
Irn-Bru														
Irn-Bru sugar free														
Fruit Shoot Juiced Apple & Pear														
Fruit Shoot Juiced Orange & Pineapple														
Milk							Y							
PIP organic														
Happy Monkey														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

TEA AND COFFEE

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

TEA AND COFFEE

DRINK ALLERGENS

ALLERGEN INFORMATION: IF **Y** DISPLAYED, THEN DRINK CONTAINS INDICATED ALLERGEN (UNLESS ALLERGEN SOURCE, ITSELF, IS STATED)

Menu description	Cereals containing gluten	Crustaceans and products thereof	Egg and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof (incl lactose)	Nuts and products thereof	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur dioxide and sulphites	Lupin and products thereof	Molluscs and products thereof
Cappuccino							Y							
Espresso														
Latte							Y							
Flat white							Y							
Americano														
Iced coffee							Y							
Tetley tea														
Teapigs Darjeeling Earl Grey tea														
Earl Grey tea														
Teapigs peppermint tea														
Teapigs Mao Feng green tea														
Hot chocolate						Y	Y							
Milk							Y							
Individual soya milk jigger						Y								
Chocolate sprinkles														

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

GUEST ALES AND CIDERS

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.

ALLERGEN ALERT

Owing to the nature of our operation, we cannot fully guarantee that any food or drinks will be completely free from any of the allergens stated in this guide. Ingredients vary, depending on location, and may have changed since your last visit. Please check the relevant section in this allergen guide.